The greatest barrier to change in your life is _____ "Sober judgment" refers to "In accordance with the measure of faith" is _____

4. I NEED TO ENLIST FROM MY **CHURCH FAMILY & FRIENDS**

Romans 12:4-5 & 9-10 (NLT) "Just as our bodies have many parts and each part has a special function, so it is with Christ's body. We are all parts of his one body, and each of us has different work to do. And since we are all one body in Christ, we belong to each other, and each of us needs all the others.... Don't just pretend to love others. Really love them. Hate what is wrong. Hold tightly to what is good. Love each other with genuine affection, and take delight in honoring each other."

The laws of &

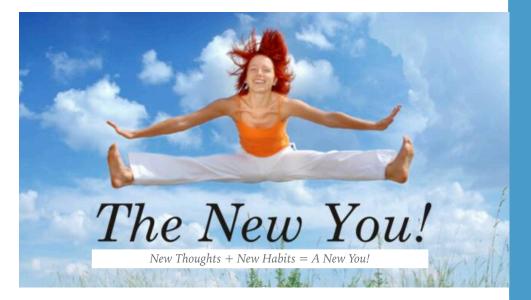
HABITS THAT WILL TRANSFORM ME INTO BECOMING NEW

- 1. _____ reading (Matthew 4:4 "People don't live on bread alone, but on every word that comes from the mouth of God.")
- 2. _____ (Mark 1:35 "Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.")
- Attend _____ (Luke 4:16 "And on the Sabbath day Jesus 3. went into the synagogue, as was his custom.")
- Make your faith _____. (1 Cor. 2:12-13 "We have not 4 received the spirit of the world but the Spirit who is from God, that we may understand what God has freely given us. This is what we speak...")
- Worship Wednesdays: _____ one meal or one hour of TV/ 5. computer.

(Matthew 6:16. "When

you fast...")





CAN I REALLY CHANGE?

Romans 12:2 (NIV)

"Do not **conform** any longer to the pattern of this world, but be **transformed** by the **renewing** of your mind."

"Transformed" (Metamorphoo, #3339) means ______

"Renew" (Anakainosis, #342) means

Luke 5:37-39 (NIV)

"And no one pours new [Neos] wine into old wineskins... No, new [Neos] wine must be poured into new [Kainos] wineskins. And no one after drinking old wine wants the new [Neos], for he says, `The old is better!'"

7 KEYS AREAS OF MY LIFE: (Circle two main areas to focus on.)

- Spiritual Health 1.
- 2. Mental Health
- 3. Emotional Health
- Physical Health 4.
- **Relational Health** 5.
- **Financial Health**
- 7. Career Health

WHAT IT TAKES TO REALLY CHANGE: (Romans 12)

1. I NEED TO MY WHOLE LIFE TO GOD

Romans 12:1 (NCV) "So brothers and sisters, since God has shown us great mercy, I beg you to offer your lives as a living sacrifice to him. Your offering must be only for God and pleasing to him, which is the spiritual way for you to worship."

The law of

What does it mean to become a "living sacrifice"?

God's goal in my transformation is to become like His _____

Romans 8:29 (TPT) "For he knew all about us before we were born and he destined us from the beginning to share the likeness of his Son. This means the Son is the oldest among a vast family of brothers and sisters who will become just like him."

Example from the life of Paul:

Galatians 2:19-20 (NIV) "I have been crucified with Christ and I no longer live but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me."

When God calls us to transformation, we can choose to follow Christ or make and have other .

Luke 9:59-62 (MSG) "Jesus said to another, 'Follow me.' He said, 'Certainly, but first excuse me for a couple of days, please. I have to make arrangements for my father's funeral.' Jesus refused, 'First things first. Your business is life, not death. And life is urgent: Announce God's kingdom!' Then another said, 'I'm ready to follow you, Master, but first excuse me while I get things straightened out at home.' Jesus said, 'No procrastination. No backward looks. You can't put God's kingdom off till tomorrow. Seize the day."

WHAT IT TAKES TO REALLY CHANGE:

2. I NEED TO MY MIND

Romans 12:2 (NCV) "Do not conform **any longer** to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is- his good, pleasing and perfect will."

The law of _____

"Any longer" is referring to _____. You can form new habits.

CHANGE EQUATION FOR THE NEW YOU:

Your	become your	and	
Your words and	actions become your	·	
Your habits become your			
Your character b	ecomes your life.		

There is power in God's word to transform you, but you have to do your part.

2 Timothy 3:16-17 (MSG) "Every part of Scripture is God-breathed and useful one way or another- showing us truth, exposing our rebellion, correcting our mistakes, training us to live God's way. Through the Word we are put together and shaped up for the tasks God has for us."

3. I NEED TO HUMBLY MY CURRENT **STATE**

Romans 12:3 (NIV) "For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the measure of faith God has given you."

The law of