

## HOW DO I CHANGE SPIRITUALLY?

**Romans 12:2 (NIV)** "Do not **conform** any longer to the pattern of this world, but be **transformed** by the **renewing** of your mind."

"**Transformation**" (#3339, Metamorphoo) means \_\_\_\_\_

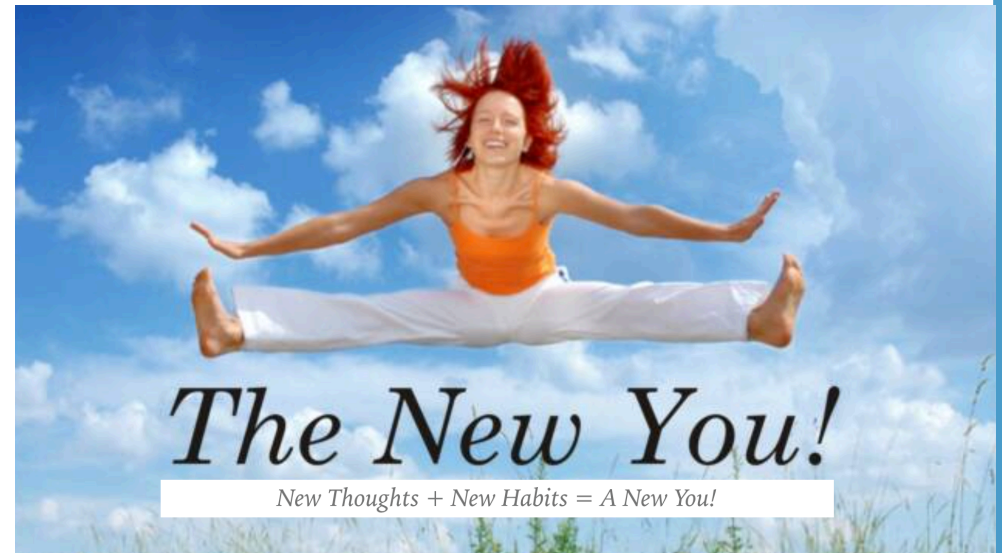
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"**Renew**" (#342, Anakainosis) means \_\_\_\_\_

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### HABITS THAT WILL TRANSFORM ME INTO BECOMING NEW

1. \_\_\_\_\_ **reading** (Matthew 4:4 "... People don't live on bread alone, but on every word that comes from the mouth of God.")
2. \_\_\_\_\_ (Mark 1:35 "Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.")
3. **Attend** \_\_\_\_\_ (Luke 4:16 "And on the Sabbath day Jesus went into the synagogue, as was his custom.")
4. **Make your faith** \_\_\_\_\_. (1 Cor. 2:12-13 "We have not received the spirit of the world but the Spirit who is from God, that we may understand what God has freely given us. This is what we speak...")
5. **Worship Wednesdays:** \_\_\_\_\_ one meal or one hour of TV/computer. (Matthew 6:16 "When you fast...")



## Becoming the NEW You!

THEME SCRIPTURES:

### **2 Corinthians 5:17 (NKJV)**

"Therefore if anyone is in Christ, they are a NEW creation; old things have passed away; behold, all things have become new."

### **Romans 12:1-3 (NCV)**

"So brothers and sisters, since God has shown us great mercy, I beg you to offer your lives as a living sacrifice to him. Your offering must be only for God and pleasing to him, which is the spiritual way for you to worship. Do not be shaped by this world; instead **be changed within by a new way of thinking**. Then you will be able to decide what God wants for you; you will know what is good and pleasing to him and what is perfect."

### **7 KEYS AREAS OF MY LIFE:** (Circle two main areas to focus on.)

1. Spiritual Health
2. Mental Health
3. Emotional Health
4. Physical Health
5. Relational Health
6. Financial Health
7. Career Health

## HOW DO I EXPERIENCE CHANGE SPIRITUALLY?

**Life is about change. Our happiness tends to revolve around our ability to make \_\_\_\_\_ in life.**

### Example of the Elephant

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**John 8:32 (NIV)** *"Then you will know the truth, and the truth will set you free!"*

### Example of the Lobster

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## 1. I NEED TO BE \_\_\_\_\_

**Romans 10:8 and 9 (NIV)** *"But what does it say? 'The word is near you; it is in your mouth and in your heart,' that is, the word of faith we are proclaiming: That if you confess with your mouth, 'Jesus is Lord,' and believe in your heart that God raised him from the dead, you will be saved."*

**When we experience salvation through Christ Jesus, we are made totally \_\_\_\_\_!**

**2 Corinthians 5:17 (NIV)** *"Therefore if anyone is in Christ, they are a new [Kainos] creation; the old [Archaios] has gone, the new [Kainos] has come!"*

## HOW DO I EXPERIENCE CHANGE SPIRITUALLY?

**"NEW"** is the Greek word Kainos (#2537) which is referring to \_\_\_\_\_

When we are saved spiritually, we are transformed by God into new creations where God puts a different nature in us and His Spirit too.

The Greek word Neos (#3507) refers to numerically new.

**Luke 5:37-39 (NIV)** *"And no one pours new [Neos] wine into old wineskins... No, new [Neos] wine must be poured into new [Kainos] wineskins. And no one after drinking old wine wants the new [Neos], for he says, 'The old is better!'"*

New Wine refers to \_\_\_\_\_

New Wineskin refers to \_\_\_\_\_

Not desiring the new wine refers to being stuck in old ways & old thinking.

## 2. I NEED GOD'S WORD TO \_\_\_\_\_ MY MIND

**Romans 12:2 (NCV)** *"Do not be shaped by this world; instead be changed from within by a new way of thinking..."*

### CHANGE EQUATION FOR THE NEW YOU:

Your \_\_\_\_\_ become your \_\_\_\_\_ and \_\_\_\_\_.

Your words and actions become your \_\_\_\_\_.

Your habits become your \_\_\_\_\_.

Your character becomes your life.

**Change all starts in your heart with your \_\_\_\_\_!**